

# Sleep / Snoring Screening Questionnaire

- YES  NO Have you ever been told or suspect that you snore while you sleep?
- YES  NO Have you ever been told or suspect that you stop breathing while you sleep?
- YES  NO Have you ever been told or suspect that you talk in your sleep?
- YES  NO Have you ever been told or suspect that you kick, hit or twitch in your sleep?
- YES  NO During sleep, do you usually wake up due to pain or noise?
- YES  NO During the day, do you often feel tired or fatigued?
- YES  NO Have you recently found yourself nodding off or sleeping while driving?
- YES  NO During period of strong emotion, do you tend to collapse?
- YES  NO During your day, do you usually experience the urge to nap?
- YES  NO Do you currently have high blood pressure?
- YES  NO Do you currently have any heart problems?
- YES  NO Do you currently have diabetes?